

~~civic education~~

~~Physical~~

PHYSICAL

Oyeleke Treasure Jss1 ministers

Contact sport

Non contact sport

Basketball

Tennis

Football

Golf

Swimming

Dance

Equestrian

Bowling

Freestyle stroke

Back stroke

The butterfly stroke

Breast stroke

Stance

Grip

Movement

The throw

Throwing energy to throw it



4. To save life of a newborn

2. To relieve pain

3. To facilitate recovery

4. To prevent the condition from getting worse.

5. Recreation is an activity which one engaged in freely to gain satisfaction while leisure is a free period of no assigned work and free of all routine work.

6. 1. Floor activities

2. Apparatus activities

7. 1. Rowing

2. Surf-ski/skate skiing

3. Kayak surfing

4. ~~Water~~

8. 1. Wrestling

2. Hurling

3. Rugby

4. Football

9. 1. Personal health

2. School health

10. It gives energy

It gives power

It helps you not to be weak.